



START LIST

Women's 4X400m Relay - Round 1

First 3 of each heat (Q) qualify to Final

RECORDS	RESULT	TEAM	VENUE	DATE
World U20 Record WU20R	3:27.60	UNITED STATES	Grosseto (ITA)	18 Jul 2004
Championships Record CR	3:27.60	UNITED STATES	Grosseto (ITA)	18 Jul 2004
World U20 Leading WU20L	3:29.71	NIKE ELITE	Gainesville, FL (USA)	4 Apr 2026

Heat 1

3

8 August 2026 10:45 START TIME

LANE	TEAM	BIB	NATIONAL RECORD	SEASON BEST
2	BAHAMAS	BAH	3:33.43	3:37.92 DNS

3	AUSTRALIA	AUS	3:30.38	3:46.90
1	325	Shari HURDMAN		
2	341	Xanthee WATTS		
3	332	Charlotte MCAULIFFE		
4	324	Alice HILL		

4	BELGIUM	BEL	3:37.95	3:40.92
1	371	Maya WINTQUIN		
2	366	Ellemieke MAENHOUDT		
3	368	Sterre PROVOST		
4	370	Marie-Lou WARNIER		

5	BARBADOS	BAR	3:39.36	3:40.68
1	352	Ariel ARCHER		
2	358	Ashlyn SIMMONS		
3	353	Nyah CLARKE		
4	356	Aniya NURSE		

6	SLOVAK REPUBLIC	SVK	3:44.05	3:48.02
1	1030	Lenka GYMERSKÁ		
2	1026	Lucia BORTLÍKOVÁ		
3	1021	Anabel BELÁKOVÁ		
4	1034	Katka MIČÁNIOVÁ		

7	INDIA	IND	3:34.18	3:38.07
1	699	Bhoomika NEHATE		
2	698	Tahura KHATUN		
3	696	Tanu CHAUDHARY		
4	693	Thiya ARUMUGAM		

8	UNITED STATES	USA	3:24.04	3:29.71
1	1105	Ashtyn LEWIS		
2	1118	Taylor-Nicole OVERTON		
3	1104	Sydney KUHN		
4	1099	Olivia HARRIS		

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Women's 4X400m Relay - Round 1

Heat 2 **3**

8 August 2026 10:55 START TIME

LANE	TEAM	BIB	NATIONAL RECORD	SEASON BEST
2	NIGERIA	NGR	3:30.84	3:38.68
1	855 Becky EBIYADI			
2	858 Jecinta LAWRENCE			
3	863 Tejiri Praise UGOH			
4	856 Faith EZECHUKWU			
3	SPAIN	ESP	3:36.10	3:41.43
1	520 Rocio NAVARRO			
2	524 Ana Alba RUIZ			
3	523 Carla RODRIGUEZ			
4	507 Alaine AGUERRALDE			
4	MEXICO	MEX	3:45.49	3:46.07
1	830 Regina MALDONADO			
2	831 Alisson Judith MARTINEZ			
3	833 Susana MONTES			
4	826 Paula DIAZ			
5	IRELAND	IRL	3:37.39	3:37.69
1	717 Maria ZAKHARENKO			
2	709 Sofia GRANJO			
3	714 Róisín MURRAY			
4	707 Erin FRIEL			
6	CANADA	CAN	3:30.68	3:50.73
1	415 Sasha SALWONCHUK			
2	409 Mary MACLEAN			
3	404 Kate FINK			
4	401 Charlotte BOSMA			
7	ITALY	ITA	3:34.00	3:40.13
1	726 Matilde ABELLI			
2	740 Laura FRATTAROLI			
3	751 Alicya Maria TROTTA			
4	743 Giulia MACCHI			
8	GREAT BRITAIN & NI	GBR	3:30.46	3:33.83
1	593 Caitlin HADFIELD			
2	600 Shiloh OMOTOSHO			
3	589 Noa CHODOKUFA			
4	585 Camiah BENNETT			
9	SOUTH AFRICA	RSA	3:36.52	
1	953 Davida STRONG			
2	942 Christi LOGGENBERG			
3	955 Zanté VAN DER MERWE			
4	938 Isabella GUNTER			

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Women's 4X400m Relay - Round 1

Heat 3 **3**

8 August 2026 11:05 START TIME

LANE	TEAM	BIB	NATIONAL RECORD	SEASON BEST
2	SLOVENIA	SLO	3:39.06	3:43.14
1	968 Mija MARUŠIČ			
2	967 Manca MARČELJA			
3	963 Gaja KOVAČEC			
4	969 Maša MEDJIMUREC			
3	JAMAICA	JAM	3:29.66	3:34.03
1	759 Daniellia DIXON			
2	765 Kristen HERBERT			
3	758 Davine DICKENSON			
4	767 Shanika LINDSAY			
4	POLAND	POL	3:32.63	3:39.92
1	898 Jasmine Maria KANAKANTI			
2	915 Maja ZBIELSKA			
3	902 Maja MAŁYSZEK			
4	906 Lena PAJEČKA			
5	BRAZIL	BRA	3:34.52	3:51.12
1	382 Hemily DE JESUS			
2	390 Luana Cibeles SOUSA			
3	385 Isadora JUSTINIANA			
4	386 Leticia Evelyn LOPES			
6	ECUADOR	ECU	3:43.97	3:45.84
1	500 Gloria CAÑOLA			
2	498 Pamela Nicol BARRETO			
3	501 Daniela Astrid CASTRO			
4	499 Génesis Nicole CAÑOLA			
7	NEW ZEALAND	NZL	3:41.76	3:59.74
1	881 Kendra SCALLY-TU'I			
2	879 Boh RITCHIE			
3	872 Mia DE JAGER			
4	874 Poppy HEALY			
8	CZECHIA	CZE	3:34.84	3:39.31
1	480 Nela BOŘKOVÁ			
2	482 Kateřina ČECHOVÁ			
3	486 Viktorie KULHÁNKOVÁ			
4	489 Sophie PISCHNOTHOVÁ			
9	GERMANY	GER	3:31.12	3:34.87
1	646 Ida Carlotta SCHRÖDER			
2	622 Luna FISCHER			
3	647 Hannah SCHWIND			
4	636 Eni KUSKE			

i = Indoor performance

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	TEAM	VENUE	DATE	RESULT	TEAM	VENUE	2026
3:24.04	UNITED STATES (USA)	San José (CRC)	21 Jul 19	3:29.71	NIKE ELITE (USA)	Gainesville, FL (USA)	4 Apr
3:28.39	GERMAN DEMOCRATIC REPUBLIC (GDR)	dbury (CAN)	31 Jul 88	3:33.83	GREAT BRITAIN & NI (GBR)	Mannheim (GER)	14 Jun
3:29.66	JAMAICA (JAM)	Philadelphia, PA (USA)	26 Apr 01	3:34.03	JAMAICA (JAM)	St. George's (GRN)	6 Apr
3:30.03	RUSSIA (RUS)	Grosseto (ITA)	18 Jul 04	3:34.87	GERMANY (GER)	Mannheim (GER)	14 Jun
3:30.38	AUSTRALIA (AUS)	Plovdiv (BUL)	12 Aug 90	3:37.69	IRELAND (IRL)	Carlton (IRL)	20 Jun
3:30.46	GREAT BRITAIN & NI (GBR)	Kingston (JAM)	21 Jul 02	3:37.92	BAHAMAS (BAH)	St. George's (GRN)	6 Apr
3:30.68	CANADA (CAN)	San José (CRC)	21 Jul 19	3:38.01	CS DINAMO (ROU)	Bucuresti (ROU)	8 Mar
3:30.72	BULGARIA (BUL)	Sofia (BUL)	24 Jul 83	3:38.07	INDIA (IND)	Hong Kong (HKG)	31 May
3:30.84	NIGERIA (NGR)	Beijing (CHN)	20 Aug 06	3:38.68	DELTA (NGR)	Benin City (NGR)	25 Feb
3:31.12	GERMANY (GER)	Sydney (AUS)	25 Aug 96	3:39.31	CZECHIA (CZE)	Racibórz (POL)	6 Jun